



# Specialised Social Services: need, policy, case studies

*Lisen Julie Mohr*

*Frambu-Resource Centre for Rare Disorders  
Norway*



EURORDIS Membership Meeting 2013

1st June, Dubrovnik

***“Placing one foot in front of the other, I've climbed to higher lengths. Reaching beyond my own limitations, to show my inner strength. No obstacle too hard, for this warrior to overcome. I'm just a man on a mission, to prove my disability hasn't won.”***

**Robert Michael Hensel, Born with Spina Bifida  
Guinness World Records holder for the longest non-stop wheelie in a wheelchair (6.178 miles)**

# GENERAL INFORMATION ON THE SERVICE

**Name of Service:** Frambu

**Country:** Norway

**Type of Service:** Resource Centre

**Type of institution:** Private foundation/  
public organisation

**Origins of funding:** Public funds

**Cost for beneficiaries:** None /  
(travel – only the professionals)

**Dates/Times of the Year:** All year

**Target Population:** patients, families, professionals

**Age-Groups:** All age groups

**Countries of Origin:** Norway

**Webpage:** [www.frambu.no](http://www.frambu.no)



# MAIN FIGURES



**Total Budget/Year: Euro 8000000**

**Total Nr. of Beneficiaries/Year: 2389**

**Total Nr. of Permanent Staff: 86**

**Total Nr. of Intermittent Staff: 170**

**Nr. of Volunteers/year: 0**

# BRIEF HISTORY

**Date of Start: 1996**

**Created by:** Political authorities in Norway

## **Short History:**

Frambu started up as a centre for diagnosis like asthma, allergy and other larger groups of chronic diseases. The first course for a rare disease, haemophilia, was arranged in 1975, and the focus is now on the family as a whole. Parents of children with the diagnosis is from that year being sick paid for a stay. These concerns the charge of social security, not the employer. During the 1980s, Frambu played an important role in the national efforts for rare diagnosis. In 1996 the centre was turned into a nationwide resource centre for rare disorders.



## **Were patients involved in the creation process?**

Frambu has always worked close with the patients organisations.

# GOVERNANCE AND MANAGEMENT



**Currently managed by:**  
**The Department of Rare Disorders and Disabilities, Norway.**  
**(The South-Eastern Norway Regional Authority)**

**Funded by: Public funds**

**Governance structure: The Frambu Board has 7 members.**  
**2 official authorities, 2 patients organisations, 2 Frambu staff, chairman.**

**Are patients/patient representatives involved in the governance process? Yes.**

**How many? 2**

**What is their role and their scope of action?**  
**Board members.**

# QUALITY ASSESSEMENT

**Are patients evaluating the service after attending?**

**Yes, a questionnaire is sent after all courses and consultants and returned by e-mail.**

**Is the service accredited by any authority performing quality control?**

**Yes, by our health authorities.**



# IS THE SERVICE CONNECTED TO A CENTRE OF EXPERTISE/HOSPITAL?

- **The service is performed mostly at and by Frambu**
- **Frambu has a close connection to the university hospitals for advice and participation during courses:**
  - **Paediatrics**
  - **Medical genetics**
  - **Specialists in treatment for different rare diseases**
- **The responsibilities of national competence services is regulated in the Specialist Health Service Act**



# RARE DISEASES AND HEALTH CARE NEEDS

- **Health care needs and treatment for patients with a rare disease are implemented in the ordinary Norwegian health system**
- **The patient with a rare disease is entitled to a Individual Plan**
  - **This plan will contain an outline of objectives, resources and the services the patient requires**
- **Daily follow up routines should be provided by the municipalities in the patients homes as long as possible**

# FRAMBU OFFERS ASSISTANCE TO ABOUT 100 DIFFERENT DIAGNOSIS



# **SPECIFIC RESOURCES FOR RARE DISEASES ARE OUTLINED**

**Next of kin (parents) of patients with rare diseases are granted training allowance**

**These are designated for parents attending courses at a resource centre for rare diseases**

**Residential training courses for patients, families, professionals**

**Staff visits patients - home environment**

# Meeting people with a rare diagnose

**Professional staff**

**Staff – Hotel**

**70 beds**

**20 families**

**Kindergarten**

**School**



## Who is working at Frambu ?

**Director**

**Administrative staff**

**Hotel staff**

**Medical doctors**

**Nurses**

**Psychologists**

**Physiotherapists**

**Occupational therapists**

**Special teachers**

**Trained assistants**

**Consultants**



## Training of the staff

**New staff - mentor**

**Learning by advice and practice by colleagues**

**One – two years of working experience at Frambu before you are considered as an rare disease expert**



# What does Frambu offer ?

**Residential courses**

**Communication and  
Documentation**

**Outreach activities in users  
local community**

**Research projects**

**Summer camps**



# Important

**Some medical  
examination**

**Some advices**

**A lot of counselling**





## Meeting patients and professionals

**Advice about modification of activities and environment**

**Sharing of experiences between patients and professionals**



# What can we learn from our patients?

**Experiences about living with a rare disease**

**How to achieve the best possible quality of life**



# Communication

**Courses**

**Seminars**

**Conferences**

**Video meetings**

**E – learning**

**Web site**

**Facebook**

**Twitter**

**Issuu**

**You tube**



## Domiciliary visits

**Outreach activities in users local community**

**Creating local networks**

**Meeting each person and/or family at home**

**Consultations**



## Local community

**Guidance to families,  
clients, relatives  
people from the health  
service**

**Pass on information**

**Guidance meetings**

**Contribute to**

**courses  
conferences  
seminars**



## Frambu's main aims

**To collate, develop and impart knowledge about rare disorders and disabilities**

**To provide leading-edge expertise**



# SUMMERCAMP = EMPOWERMENT



**The best quality of life**

**Knowledge and services in the field of rare disorders**

**A life in harmony with ones condition, aspirations and needs**

**Take part in the society**





# Visits and contacts

The NoRo center, Romania

Rare diseases, Bulgaria

Rare diseases, Portugal

French national alliance and authorities

EURORDIS

Hungary

Japan

Mongolia



# *Thank you!*

*Lisen Julie Mohr*

*ljm@frambu.no*